DUO GARFUNKEL AND OATES HAVE MADE IT TO TV

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Fearless Market Basket workers rally
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Cam from 'Modern Family' cleans up nicely
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Nickelodeon buds form MKTO, make a 'Classic' hit
PAGE 10

FINE TUNE YOUR FANTASY DRAFT

NFL. Rich Keefe of "The Sports Hub Fantasy Football Show" will teach Bostonians how to win a title, but first he schooled Metro's fantasy newbie. Plus, Metro shares its 2014 fantasy football draft rankings, and you may be surprised. PAGES 02, 19

Rich Keefe of the Sports Hub teaches Metro's Morgan Rousseau about Fantasy Football. / NICOLAUS CZARNECKI/METRO

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1 NEWS

Today's tweet

"If you insist on rushing to snag a table seat on an @mbta commuter line, you should prolly have work requiring a surface."

Be careful, @spinzo, those commuter rail riders have sharp elbows.

Top 3

What's trending online at Metro.us

1 'iPhone 6 to debut on Sept. 9, reports say'

2 '"Bachelor in Paradise" recap: Episode 1, series premiere'

3 'Vince Young not recognized at WWE Monday Night RAW'

Fantasy football crash course trains for glory

Boston. An upcoming Studs & Sleepers class promises fantasy wins for die-hards and newbies alike.

Rich Keefe of "The Sports Hub" will be teaching a class in fantasy football at the BCAE. / NICOLAUS CZARNECKI / METRO

With the 2014 NFL preseason slate just getting underway this past Sunday, fantasy football lovers are drooling over their potential drafts.

Whether fantasy owners are new to the game, or tyrants of the trade, a lot can be learned from Rich Keefe, host of "The Sports Hub Fantasy Football Show" on 98.5 "The Sports Hub," who has teamed up with the Boston Center for Adult Education to teach a fantasy football class this Saturday.

Keefe, 30, will throw back some beers with his pupils during a three-hour cram session that will help them build a squad powerful enough to dominate any league, from draft day to championship game.

"I'll be interested to see whether it's people who have never played before, or some who just want to get more information on it. I'm prepared for whatever," said Keefe, who has won his league five times.

The class, called Studs & Sleepers: Drafting the Perfect Fantasy Football Team, will focus on the basic strategies of drafting, Keefe's favorite sleepers, player rankings and how to work the waiver wire.

Keefe is just the guy for the job; he's been playing fantasy football for 20 years.

"I remember co-owning a team with my father because it was when the Internet first came out. Things have changed. Now you just log in, before you had to type out the names of the players and the teams."

Keefe said he plans to do a general overview of the game and will answer specific questions, but he also plans to give some tips.

One pearl of wisdom, according to Keefe, is to be as active as possible in the league.

"A lot of times the teams that end up doing poorly may fail because [their owners] haven't paid enough attention to it," said Keefe. "If you just read up on it once a week and stay somewhat focused, you can update your roster and do well."

And it's not just a boy's club anymore. Keefe said that while it's mostly men who play, there are more and more women joining the fun.

"When I'm hosting the show, the majority of callers are men, but we take plenty of women callers. I don't think it's rare at all to find all-women leagues now," said Keefe.

Regardless of gender or experience level, Keefe insists his Studs & Sleepers pupils shouldn't hold back on quenching their thirst for fantasy football knowledge.

"It is very simple, I mean so many people play nowadays," he said. "This class is a way you can ask the questions you'd feel embarrassed asking your friends."

MORGAN ROUSSEAU
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Visit **Metro.us** to learn more about "The Sports Hub Fantasy Football Show."

If you go

Studs & Sleepers will be held Saturday from 3-6 p.m. at the Boston Center for Adult Education.

- Visit www.bcae.org.

Newbie schooled

Out of my element

Last week my editor challenged me to step far out of my comfort zone, and into the end zone if you will, by writing a story on fantasy football. The assignment felt less like a fantasy and more like a nightmare because my absolute favorite things about football season are the wings, beer and hot men. Beyond that, I'm usually at a loss. But apparently, that shouldn't keep me from being a femme fatale of fantasy football.

Newbies like myself can rejoice, because it turns out that three hours is plenty of time for a fantasy football cram session. It took Keefe no more than 15 minutes to fill me in on sleepers [under-the-radar players], rankings [categorizing players by positions] and waiver wires [undrafted players, free agents].

He also taught me that if you're into gambling it can pay out pretty well [sign me up], and that with a little focus I could even earn my own trophy, a plaque, and high-fives from my co-workers.

At the end of it all, investing some time into a fantasy football league might just add to my roster of things I'm awesome at. So watch out owners; this season, I may just be your worst fantasy.

Metro's Morgan Rousseau

Crime

AG: College worker stole to fund drug habit

A former Framingham State University employee was arrested on Tuesday on charges that he allegedly stole more than $100,000 from the school to fund his cocaine habit.

Robert Walmsley, 34, of Brockton, began working in the school's Office of Development and Alumni Relations in 2008 until he was fired in June 2013.

Walmsley allegedly purchased hundreds of prepaid Visa gift cards using a school-issued procurement card and then used those gift cards to pay drug dealers who supplied him with cocaine, or exchanged the gift cards for cash, according to the Attorney General's office. METRO

Massachusetts. Liquor stores can open early on Sundays starting in October

Charles Street Liquors regular Ty McGuire picks out his favorite spirits. / NICOLAUS CZARNECKI/METRO

Sunday, Oct. 26, will be the first Sunday when state package stores will be allowed to open two hours earlier after Gov. Deval Patrick signed a bill into law in July.

Seekonk Rep. Steven Howitt, who sponsored the bill, said he had been hoping for the change in time for the beach season, and noted it would take effect in time for football season.

"I'm very pleased," Howitt told the News Service about the bill's passage into law.

The law moves the earliest hour liquor stores can open from 12 p.m. to 10 a.m., which Howitt said would be an economic boon for border communities. SHNS

Market Basket workers say they don't fear for jobs, rally again

Tewksbury. Thousands of the grocery store chain's workers and customers rallied again on Tuesday.

They brought lawn chairs, tents, beach balls and signs and stayed out in the heat for hours chanting "Bring back Artie T."

Thousands of Market Basket employees and customers held another large rally on Tuesday in front of a Tewksbury store. The protests started about three weeks ago when workers began demanding the company reinstate ousted CEO Arthur T. Demoulas.

"All we want to do is welcome our customers home to Market Basket," said David McLean a Market Basket operations manager who resigned shortly after Demoulas was fired. Market Basket operates 71 stores and has locations in Somerville, Chelsea, Reading and Brockton.

The company said employees should return to work by the start of this week or risk losing their jobs, according to the Globe. A message left for a Market Basket spokesman was not returned by press time.

However, employees at Tuesday's rally said they aren't in fear of losing their jobs. They said they come to the rallies on their time off and continue to show up at their stores for their shifts, although they admitted there's less and less to do in recent days.

"It's confusing because we're working every day," said Larry Collins, who started working at the Reading Market Basket just four months ago and had a day off on Tuesday. "If you walk [into a store] you'll see us helping the little old ladies out to the cars [and] helping the handicapped. We're still stocking the shelves with the little bit that we have. We're ready. We're just waiting for the trucks to roll, and that won't happen without Artie T."

Thousands of Market Basket employees and supporters from across New England gathered in Tewksbury yesterday demanding the reinstatement of fired CEO Arthur T. Demoulas. / NICOLAUS CZARNECKI, METRO

Quoted

"Just because I'm standing here doesn't mean I'm doing something wrong. They're doing something wrong, not us."

Deborah Kingston, protesting Market Basket employee

MICHAEL NAUGHTON
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MBTA

Late-night T ridership tops 400K since March

More than 400,000 riders have taken advantage of late-night MBTA service since the T began piloting the weekend service in March, the agency said.

The late-night trains have been running into the early morning hours for 19 weekends.

This past weekend 16,126 riders boarded a T car or bus after 1 a.m. The first weekend saw more than 18,000 riders.

Ridership does not yet cover the expense of running the trains late, but corporate sponsors are helping to pay for the one-year pilot program.

The late-night program extends the last train departures to 2:30 a.m. on Saturdays and Sundays to give employees and patrons of late-night businesses such as bars and restaurants an alternate way home. SHNS/METRO

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End of a duck boat era

It was the day the quacking died for "Beantown Betty." The last original Boston Duck Tours boat gave its final tour on Tuesday. "Beantown Betty," as it was named, was originally a World War II amphibious vehicle and was the very first boat the company put on the road 20 years ago. The company is upgrading its fleet. / NICOLAUS CZARNECKI, METRO

Q&A with

BARBARA ANTHONY

Each month, Undersecretary of Consumer Affairs and Business Regulation Barbara Anthony will answer consumer questions from Metro readers. Send your questions to consumer.communications@state.ma.us with "Ask the Undersecretary" in the subject line.

HOW TO MAKE CLAIMS AFTER THE TORNADO

In 20 years I've never filed a claim on my insurance. My house was damaged in the Revere tornado, and some of my belongings were damaged. What should I do to make sure my insurance company covers me for my losses?

The first thing you should do when your home or car is damaged is call your insurance company or agent. Let them know the extent of the damage, as well as how the damage occurred. After receiving advice or important information from your insurer, you should start to document the damage.

Take pictures from all angles — don't forget the back of the house, the roof of the garage or other out-of-the-way places. Your insurance company will send an appraiser or adjuster to calculate the losses, so don't start any repairs to your home or hire any contractors, but do make emergency repairs to prevent further damage [cover roof leaks with tarps and remove standing water] if it is safe to do so.

Keep meticulous records and receipts of any purchases you make to secure your property, and document any phone calls or correspondence with your insurance company or agent. If you have any receipts or proof of purchase for anything that received damage, those records will help the claims process.

If you have a home inventory, present that to your agent or insurer so that you will be properly covered for items that were damaged.

Review your insurance policy to see how much your deductible will be and what is covered under your home insurance.

Your policy will govern what the insurance company will or will not cover. This can be a challenging time, but careful record keeping and an understanding of your policy can make the process a lot smoother.

More information

If you have additional questions, you can:

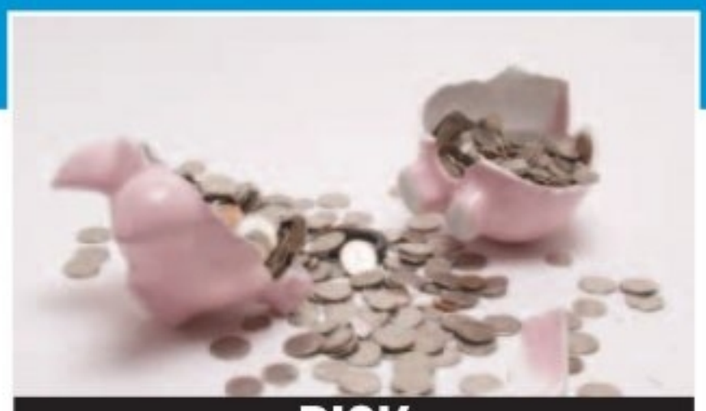
- **Call** the Office of Consumer Affairs toll-free hotline at 888-283-3757.
- **Visit** the Division of Insurance on the web at www.mass.gov/doi.

Quoted

"Keep meticulous records and receipts of any purchases you make to secure your property, and document any phone calls or correspondence with your insurance company or agent."

Throwing Your Money Out the Window?

PROBLEM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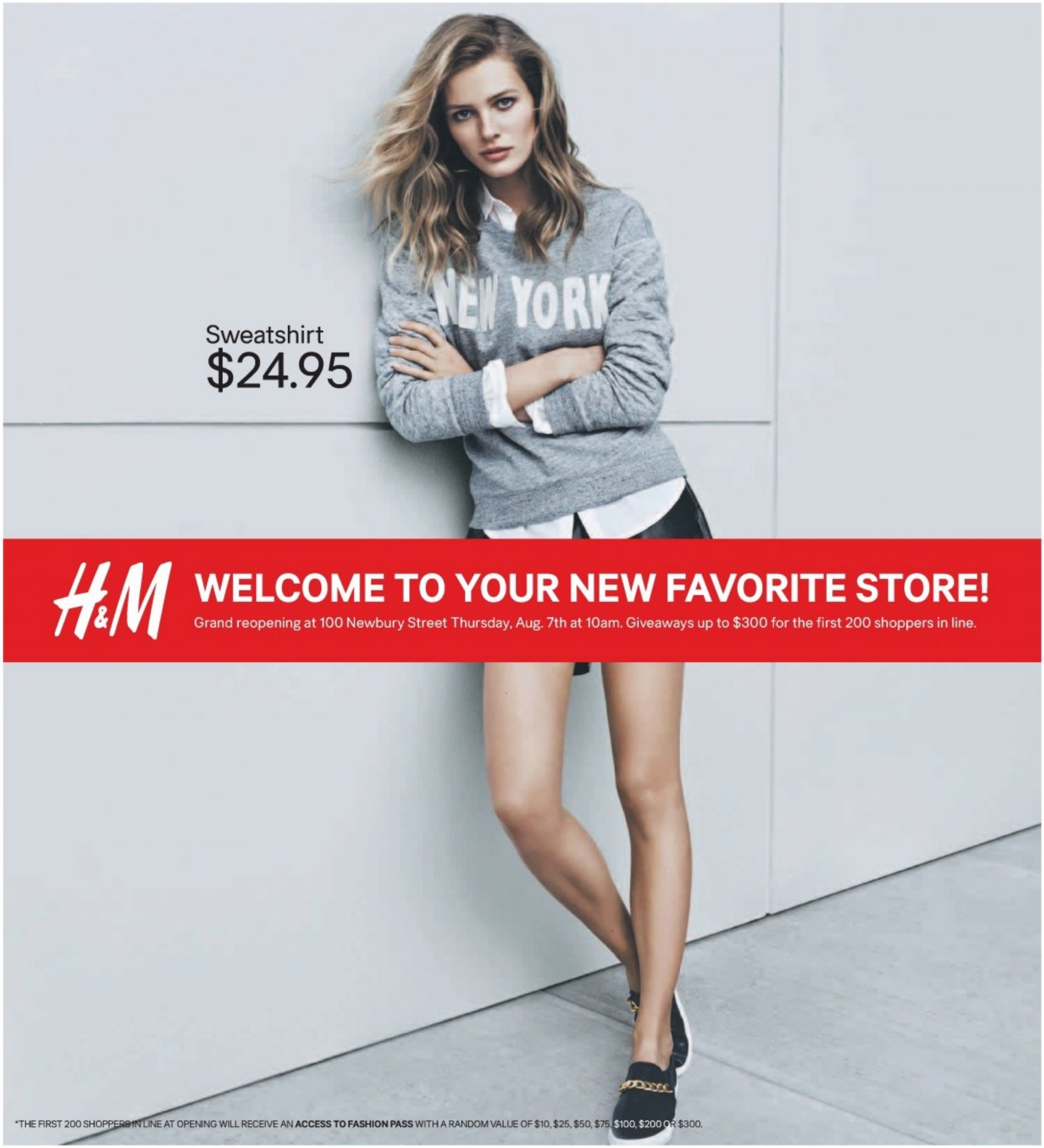
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Atlanta

Second Ebola patient wheeled into US hospital for treatment

An American missionary stricken with Ebola in West Africa wore a protective white suit on Tuesday as she was wheeled on a stretcher into the Atlanta hospital where doctors will try to save her and a fellow aid worker from the deadly virus.

Nancy Writebol, 59, arrived in the United States after being flown overnight from Liberia and will be treated by infectious disease specialists at Emory University Hospital, according to Christian missionary group SIM USA.

She will be in the same isolation ward as Kent Brantly, an Ebola-infected American doctor who was able to walk into the hospital when he arrived by ambulance on Saturday.

Health officials have said the virus does not pose a significant threat to the American public. REUTERS

West Africa struggles to curb Ebola

Outbreak. It was detected in March in the remote forest regions of Guinea.

A nurse sets an information sign about Ebola at a health center in Monrovia. / GETTY IMAGES

Relatives of Ebola victims in Liberia defied government quarantine orders and dumped infected bodies in the streets as West African governments struggled to enforce tough measures to curb an outbreak of the virus that has killed 887 people.

In Nigeria, which recorded its first death from Ebola in late July, authorities in Lagos said eight people who came in contact with deceased U.S. citizen Patrick Sawyer were showing signs of the deadly disease.

In Sierra Leone and Liberia, where the outbreak is now spreading fastest, authorities deployed troops to quarantine the border areas where 70 percent of cases have been detected. REUTERS

Kiev. Ukraine keeps up offensive with nervous eye on Russia

Ukrainian troops patrol near the eastern Ukrainian city of Debaltseve in the Donetsk region. / GETTY IMAGES

Ukrainian government forces, backed by warplanes, kept up a military offensive to claw back lost territory from pro-Russian separatists on Tuesday while casting a nervous eye at Russian military exercises over the border.

Kiev's military said government forces had clashed 26 times with separatists in the Russian-speaking east in the 24 hours up to Tuesday morning, while fighter jets had struck at rebel positions and concentrations of military equipment.

But it acknowledged that separatist forces had pushed it out of Yasynuvata, a railway junction near the main rebel-controlled city of Donetsk that it seized from separatists on Sunday. **REUTERS**

Killed

3

A military spokesman said three Ukrainian soldiers were killed and 46 wounded in action against the separatists in the past 24 hours.

Moscow

Putin tells his government to respond to Western sanctions

Russian President Vladimir Putin has ordered his government to prepare retaliatory measures against the latest round of Western sanctions, Russian news agencies reported on Tuesday.

"Of course, it should be done carefully in order to support domestic producers and not hamper consumers," he was quoted as saying. **REUTERS**

VLADIMIR PUTIN
GETTY IMAGES

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CULTURE

1 Eva Green has boobs 'to Kill For'

Eva Green doesn't get why everyone is so hung up about her boobs, and we kind of love her for it. When a poster for "Sin City: A Dame to Kill For" was released featuring the actress in a sheer top with the silhouette of her chest visible beneath it prompted outcry, so the studio swapped it out for a toned-down version — much to Green's chagrin. "I mean, the poster, you don't see anything!" the hardly shy actress says. "Just wait for the movie, then. It's in 3-D as well. Enjoy yourself, you know! It was nothing on the poster; it was lots of noise for nothing." In fact, if it were up to Green — and we kind of wish it were — any outcry would be over something else in the image: "I'm holding a gun on the poster," she points out. "No big deal about the gun, it's all about my t—s?" To be fair, Ms. Green: Yes.

If you don't mourn her Grande father, Ariana will give you a Grande dumping

Ariana has got one less problem without Jai Brooks. / ALL PHOTOS GETTY IMAGES

Singer and Nickelodeon star Ariana Grande (you know her from her new collaboration with Nicki Minaj and Jessie J, "Bang Bang,'" and/or you know her from "Problem," her collaboration with Iggy Azalea) has apparently broken up with her Australian boyfriend, Jai Brooks, according to E! News. ("Jai" is Australian for "Jay," just so you know.) So what brought an end to this happy union? Brooks, a member of the prank group the Janoskians — which is a thing, I guess? — did not express the appropriate level of sympathy during Grande's recent personal struggles. "When her grandfather was dying, everyone was there for her," a source says. "People flew to Florida to be with her, but Jai didn't. Ariana just felt he wasn't there like he should have been." Seems fair to me.

THE WORD

Ned Ehrbar takes on the world of gossip.

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ned.ehrbar@metro.lu

3 You could own Michael Jackson's home

This happened at Neverland: MJ and his then-wife Lisa Marie Presley welcomed guests for a three-day World Children's Congress.

Anyone want to buy Neverland Ranch? The iconic former home of the late Michael Jackson is reportedly set to be sold off by Colony Capital, which bought out Jackson's $23 million mortgage on the brink of foreclosure in 2008, according to Radar Online. Colony is apparently hoping to make as much as $60 million on the sale.

"We are saddened at the prospect of the sale of Neverland which, under the agreement negotiated during Michael's lifetime, Colony has the right to sell," officials for Jackson's estate said in a statement.

In darker Neverland news, in a civil suit against Jackson's estate, choreographer Wade Robson is leveling explicitly detailed claims about abuse he suffered at the hands of the late pop superstar at his Neverland Ranch between 1990 and 1997.

Talking points

Vergara's new boyfriend has her off the sauce

Dating Joe Manganiello is evidently great for your health, as new girlfriend Sofia Vergara is learning. The sober "True Blood" star has been persuading Vergara to cut out the booze as of late, according to the National Enquirer. "Joe has been a really good influence on her," a source says. "He is teaching her that she can have just as much fun without drinking and has gotten her into fitness and health. They even work out together."

Vince Vaughn to get dramatic again

The Internet has had a field day with joke predictions about who will be in Season 2 of HBO's "True Detective," but eventually someone has to actually sign on. And it looks like one of those people will be Vince Vaughn, returning to his dramatic roots after a long, long run in the comedy world. Vaughn is said to be in talks to play one of four lead roles in the hit series, which won't see the Season 1 characters played by Matthew McConaughey and Woody Harrelson return. But don't expect Vaughn to be on the right side of the law, as he's said to be considering a villainous role written by series creator Nic Pizzolatto specifically for him.

Vergara and Manganiello have been spotted in Miami lately.

From YouTube to prime time

Visit **Metro.us** for even more on the awkwardness of sexy auditions.

"Garfunkel and Oates" premieres tomorrow at 10 p.m. on IFC. / DARREN MICHAEL, SMPSP, IFC

Interview. The ladies behind Garfunkel and Oates get their own TV show.

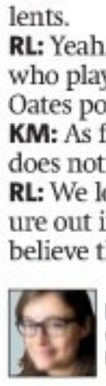
You may not know Riki Lindhome and Kate Micucci by their real names, but you've probably seen them on YouTube as their comedy band, Garfunkel and Oates. The duo garnered millions of views for their songs about the smugness of pregnant women and a host of other less printable topics. They've now moved to TV with a new show, "Garfunkel and Oates." It's a heightened take on their real lives, wherein a puppet plays their agent and Micucci has to audition for a very sexy scene only to discover that she'll be performing it with Ben Kingsley. We talked to the pair about how they picked their character names and working with Sir Ben.

You've named the characters after yourselves. How close are they to real life?
Lindhome: I think they're based on us. We're like the jumping-off point, but they're maybe more exaggerated versions of ourselves.
Micucci: We talked about it, and we were like, do we name our characters our names? And it just seemed like the logical thing to do.
RL: It would have felt too weird calling you Deborah.
KM: Yeah, I'm definitely not a Deborah.
RL: You're such a Deborah. What would my name be?
KM: Um. Estelle.

The names Estelle and Deborah are a little old-fashioned.
RL: Yeah, they are. Estelle Getty? Is that who you were naming me after?
KM: I don't know!
RL: I was naming you after Deborah Gibson. You're welcome.
KM: Oh, thank you. Well then, I guess I'll go with Estelle Getty.

Debbie Gibson might be a little better.
KM: I know! Sorry. I wasn't thinking ahead.
RL: At least mine's alive.

What other difficult situations will we see you guys get into on the show?
KM: We meet our porn equivalents.
RL: Yeah, we meet the people who play us in a Garfunkel and Oates porn.
KM: As far as we know, that does not exist.
RL: We looked. It's hard to figure out if it exists, but I don't believe that it does.



LISA WEIDENFELD
@LisaWeidenfeld
lisa.weidenfeld@metro.us

Q&A

How did you pick Ben Kingsley as the guy Kate has to flirt with in an audition?
RL: We just got incredibly lucky. Our casting director had a connection to him somehow, and she reached out and talked with him about it. He said yes, and we were just thrilled.
KM: Yeah, I mean, we couldn't believe it when he said yes. We were so excited.
RL: Yeah. The show is basically us, all of our friends and Ben Kingsley.

Was Ben Kingsley OK with you getting pink lipstick all over him?
KM: He was totally game for everything. He's such a nice man. Also, to look into his eyes is very mesmerizing. He's very handsome.

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Review

Nothing stormy about this 'Night'

Sit tight while the Commonwealth Shakespeare Company navigates its way through a mess of a shipwreck to open "Twelfth Night." Once the troupe lands in Illyria, the best evening of Shakespeare the Boston Common has ever seen unfolds in splendid fashion.

Under the impeccable direction of Steven Maler, this "Night" finds the perfect blend of Shakespearean dialogue and contemporary Americana. While Cristina Todesco's set and Nancy Leary's costumes scream Miami (in a great way), the actors sound more traditional.

They avoid the all-too-common pitfall of reciting Shakespeare, instead embodying their characters in consistently stellar performances.

Marianna Bassham gives an incredible performance as Viola/Cesario and crowd favorite Conner Christiansen, sporting a platinum Mohawk and hot-pink skinny suit, delivers an impressive turn as swishy Sir Andrew Aguecheek. He and Cesario do battle in a riotous, giggle-inducing fight scene that feels more "RuPaul's Drag Race" than "Twelfth Night."

NICK DUSSAULT

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ANDREW BRILLIANT, BRILLIANT PICTURES

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MKTO

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www.crossroadspresents.com/paradise-rock-club

MKTO's song "Classic" reached No. 14 on Billboard's Hot 100 list. / PROVIDED

MKTO: Behind the bromance

Interview. From Nickelodeon co-stars to headlining a world tour, Malcolm Kelley and Tony Oller's friendship is the key to their success.

Between their single "Classic" going platinum and getting ready for a world tour with Demi Lovato, it's pretty sweet being Malcolm Kelley and Tony Oller, also known as MKTO, right now. But the guys swear they weren't always this cool.

Both Kelley and Oller say they had trouble fitting in when they were growing up.

"Tony was growing up in Texas where everyone was into sports. People gave him a hard time because he did theater and played piano," Kelley says. "The same thing happened to me. I starting acting at a young age, and certain people didn't get it."

Now that they've made it, those haters are trying to backtrack, including girls who rejected them in the past.

"They definitely see the music videos and try to hit us up," Kelley says. "It's kinda funny. We just laugh."

The boys say they surround themselves with old friends and people who have supported them from the beginning.

One such friend is Demi Lovato, whom they'll join on tour. Oller and Lovato go way back — they both starred on Disney's "As the Bell Rings" — so it will be a reunion of sorts for them, and Kelley is looking forward to getting to know her outside of the awards show circuit.

"Tony and I played best friends on 'Gigantic,' and we were best friends off the show, too. [Since those early days] our friendship has just grown," Kelley says.

Their working relationship is a true collaboration. They say the goal with the self-titled album was to tell stories from their lives, whether it was about being a misfit growing up or trying to find the right girl. Some songs are pop rock while others have an R&B feel.

Kelley and Oller may still be experimenting musically, but they know that they'll be doing it together and having a blast in the process.

Playlist

Malcolm Kelley's top 5 "classic" songs:

- **"Thriller"** by Michael Jackson
- **"Let's Get It On"** by Mavin Gaye
- **"Ribbon In The Sky"** by Stevie Wonder
- **"Classic"** by MKTO
- **"Latch"** by Sam Smith

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Get it off the market

Make that old home look like a brand-new palace to buyers.

You're ready to move on. Literally. You've got your new place all picked out, and you're scoping out the best restaurants in your new neighborhood. There's just one thing stopping you: that old mess of a house you need to sell. The last thing you want to do is spend lots of money and time fixing up the place you're ditching, but spending that cash now can make a difference in your closing price — and how long the listing sits on the market. For the skinny on what's worth updating, we asked Elizabeth Dodson, co-founder of HomeZada, a digital hub for your home improvement projects. Here's what your home needs before you can make a clean break.

Rehab cabinets

Updating cabinets is much cheaper than a remodel. "Instead of changing out the full cabinet, you can just reface the front of your cabinets," Dodson says. She recommends taking off the doors and painting them or leaving them off to create a more open look, possibly with some wallpaper lined inside. Many hardware stores offer free consultations to get you started.

Clean

The cheapest thing you can do? Break out that bleach, according to Dodson. Get those windows sparkling and clean your carpets — which is, ahem, also good to do from a health perspective — and then really use some elbow grease and scrub your grout. "Most people don't think to do that," she says. And be sure to get to the kitchen, which Dodson says is one of the rooms potential buyers are most interested in.

Call in an expert

If someone comes to look at your house, it's going to be a little embarrassing if they try to turn the lights on and nothing happens, so make sure all light bulbs are working. Testing out HVAC systems is also important, and get rid of exposed wires and check for plumbing leaks. "You can hire those out if you don't have the experience in actually checking and fixing all that," says Dodson.

Update your dishwasher

Dodson recommends trying to coordinate your appliances so they look good together, but don't go overboard: "Be careful not to overspend on appliances, because if you are getting ready to sell a house, the really expensive appliances are not going to pay themselves back effectively." So maybe don't buy a pricey new fridge, but consider whether your appliances create a sense of symmetry.

LISA WEIDENFELD
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lisa.weidenfeld@metro.us

PLUS
One more
Hello, shiny brass knobs
"Adding a little bling — like a woman getting dressed up — actually can go a long way," Dodson says. She recommends swapping out the knobs on cabinets and drawers to add some pizzazz, which updates your kitchen without the expense of a complete remodel.

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Downtown Crossing goes glam

Rehabilitation. The once-neglected downtown shopping area is poised to become home to new housing and additional retail opportunities.

We'll miss that giant hole in the ground where Filene's used to be, but the neighborhood will probably look a bit better without it. / NICOLAUS CZARNECKI

A supermarket is opening in Downtown Crossing — hardly astounding news if it were any other neighborhood. But construction has begun on Wellesley-based Roche Bros.' new 25,000 square-foot flagship store. Due to open in the Filene's Basement spot, the store will help seal the area's reputation as a neighborhood where people live and shop for food and day-to-day necessities.

Just 10 years ago, Downtown Crossing was still recovering from its legacy as the notorious city-sanctioned red-light district known as the Combat Zone, which had mired the area in illegal drugs and prostitution since the 1960s. The luxury Ritz-Carlton Hotel and Towers, which included high-end condos, opened in 2001. Then followed the refurbishment and reopening of the beautiful Paramount Theater, which compliments the Opera House nearby. At that point, change became a palpable reality. Last fall, Ritz-Carlton developers Millennium Partners opened the residential Millennium Place on Washington Street.

"Since the opening of the Ritz-Carlton Hotel and Towers, we've really seen the evolution of the neighborhood into a vibrant 24/7 downtown city center," says Richard G. Baumert, a partner at Millennium Partners. "Downtown Crossing is now a hub of culture, restaurants and some of the city's most desirable real estate. That's evident in the success of Millennium Place, which is one of the fastest selling condo developments in the city's history."

Millennium Partners' rehabilitation of the Burnham Building and the addition of the Millennium Tower Boston, a retail, office and residential development, is the next significant change. The Burnham Building was built in 1912 for Filene's Department Store and is Boston's only structure designed by legendary Chicago architect Daniel Burnham. Roche Bros. is slated to open in the Burnham Building in early 2015.

"We are extremely pleased that an independent, family-owned business with deep roots in the community will be playing such a prominent role in the rebirth of this historic site," Baumert says. "As the first large supermarket in Downtown Boston, Roche Bros. will further stimulate the evolution of Downtown Crossing."

LINDA CLARKE
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Housing

Coming soon: Luxury condos

The Millennium Tower Boston's sales center will open in October for move-ins slated for 2016. The building adds 442 homes and 95,000 square feet of retail space to the area. The homes start at $750,000 for almost 800 square feet and go up to the multiple millions. "Downtown Crossing has transformed dramatically over the past several years. It's a completely different neighborhood now. What was once a neglected part of town is now vibrant and thriving," says Baumert.

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Cleaning and the 'Modern Family'

Eric Stonestreet says he actually finds cleaning enjoyable. / DIANE BONDAREFF, INVISION

Eric Stonestreet. The star doesn't take after his alter ego, Cam, when it comes to chores.

Swiffer's new spokesman Eric Stonestreet, best known for his role as Cam on "Modern Family," recognizes the effect cleaning can have on his mental well-being. "I am a self-proclaimed clean freak," he says. "I think life is cluttered and dirty, and we don't want a home that's cluttered and dirty as well."

Stonestreet and his mother teamed up for the cleaning company's new advertising campaign. Three-quarters of adults surveyed — and Stonestreet counts himself among them — say they try to pass the "mom test" when they clean.

Besides being the voice in his ear when it comes to keeping things tidy, his mom also inspired him in another way.

"In the beginning of ["Modern Family"], I based the character on my mom's mannerisms and voice and things like that," Stonestreet says. "[It] was a really cool honor to be able to bring her along" for the commercial.

Though Cam has been known to fall short in cleaning when it comes to the house he shares with his husband, Mitchell, off camera, Stonestreet and Jesse Tyler Ferguson are pretty clean.

"We share a trailer," he explains. "His room is very neat and tidy and I think mine is pretty much, too."

Quoted

"It's true that cleaning is part of the tension in the home; in fact, our Swiffer Cleaning Index shows that 85 percent of couples feel that cleaning tensions cause stress in their relationships." Dr. Callahan

As for his own personal cleaning tips, Stonestreet says he tries not to procrastinate.

"Stay ahead of it, and don't let it get too messy [or] too dirty," he says. "If you're constantly doing a little bit of cleaning all the time, that beats having to do a lot at one time."

Fortunately for Stonestreet, he actually finds some aspects of cleaning enjoyable. "I like when there's a mess and I can watch it go away. It's something very pleasing to the eye when there is dust or something and then it's gone," he says.

Visit **Metro.us** for an interview with Swiffer's elderly power couple.

A clean home is a happy one

Dr. Michelle Callahan offered this advice on keeping your home clean — and peaceful.

- **For women:** "What we found in the study is that 61 percent of the husbands would be willing to help if only they were asked. Sometimes we only have to speak up and let people know what we need."
- **For men:** "You don't have to wait to be asked; you can just jump right in and lend a hand today, because the majority of women are saying something as simple as dirty or sticky floors or even food crumbs and just little yuckiness on the floor are in the way. In five minutes you've made a significant improvement on something that would otherwise be causing stress at home."

Survey

Men are stepping up more than their fathers did when it comes to sharing chores in the modern American family.

- According to an online survey sponsored by Swiffer, "Americans feel today that men are helping more with household chores, almost twice as much as their dads did when they were growing up," psychologist Dr. Michelle Callahan says.

71%

- Still, 71 percent of the women polled say they do most of the cleaning in their homes, and 82 percent of wives refrain from asking for help because they don't want to be perceived as a "nag."

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Jewel Staite teaches us how to Con

Interview. The "Firefly" actress shares her plans for hitting Boston's Comic Con.

In honor of Comic Con taking over the city this weekend, we talked to a Con vet: Jewel Staite, known for her roles on "Firefly" and "Stargate Atlantis." She shared how she preps for visiting new cities and her favorite part of conventions.

On visiting Boston:

This is my first visit as an adult to Boston, which will probably be a totally different experience from when I went with my parents when I was 12. I always try to do something relatively touristy when I'm visiting cities for conventions, but usually that just ends up being eating copious amounts of food at various local restaurants that are recommended to me by the fans who know I'll be in their hometown.

On the Joss Whedon casting process:

Joss seems to have a specific picture in his head of exactly what he wants, whether that's with actors or with a particular moment in a scene. He's relentless in looking for it and won't settle for anything less than what he expects or what he has in his mind. I have no idea where he gets his genius from. He's a freak of nature.

On the best part of conventions for the actors:

See Staite at a Q&A on Friday at 7 p.m. at the Seaport World Trade Center. Tickets are $20-$120. For more info, visit www.bostoncomiccon.com. Head to Metro.us to learn which "Firefly" star took home the most props. / GETTY IMAGES

Besides having tons of people dress up like me? I always say the most fun thing about these conventions for us actors is seeing old friends we've worked with in the past, or met at conventions in the past somewhere around the world. I did a convention with Sean Astin in Australia years ago and we really bonded at that, as you do at these things, so it'll be great to see him again.

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Listings

ART

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www.galateafineart.com
This annual juried exhibition features a wide range of New England artists. This year's juror was Edmund Barry Gaither, director of the National Center of Afro-American Artists. His selections, while diverse, are united by vibrant colors and a tendency toward exploration of the human condition — in many of these, the human body is a strange, even humorous thing.

THEATER

'Smile!'

Through Aug. 16
Black Box Theater, Boston Center for the Arts, 527 Tremont St., Boston
Free, info@newexhibitionroom.org
www.newexhibitionroom.org
Experimental company New Exhibition Room presents this play, the author of which is mysteriously unnamed. It takes place during a blistering heat wave. Actually, it's more than just very hot — it sounds kind of apocalyptic. Chaos has taken over civilization, and a group of women hide out in a holistic retreat center, hunkering down ever more as the madness outside increases.
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Get the Smile You've Always Wanted... With Porcelain Veneers!

By Dr. Najla Chebib

What Are Porcelain Veneers?

Porcelain veneers are customized shells of thin, white porcelain that are **bonded to the front of teeth to improve their color, shape and position, resulting in a beautiful smile.** With advancements in computer-assisted design and biomaterials, porcelain veneers produce excellent and long-lasting results, making them very popular with dentists and patients.

When Are Porcelain Veneers Recommended?

Porcelain veneers are recommended in many different situations. They can mask discolorations and are especially helpful when teeth are resistant to whitening or have intrinsic staining due to medications or genetics. Veneers also can fill gaps between teeth that may not be easily corrected by braces.

Some teeth wear around the edges, resulting in a prematurely aged appearance, while others are malpositioned and look crooked.

Veneers can lengthen teeth that have been shortened by wear, make teeth straight and aligned, fill unattractive spaces between teeth, and give teeth an attractive shape and consistent color.

Before and After Example

Before Porcelain Veneers ***After Porcelain Veneers***

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Yes. **You not only see what your veneers will look like, you help determine what they will look like.** At your first appointment, a specialist in esthetic dentistry will conduct a **thorough analysis of your teeth, smile and facial features**, including the shape of your face and how your teeth fit your lips and smile. Dental impressions and photographs will be taken, and you will discuss the cosmetic improvements you want.

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To make room for a veneer, a small amount of the outer layer of the tooth may need to be removed. However, this typically is minimal, and sometimes nothing needs to be removed.

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Dr. Najla Chebib, D.D.S., C.A.G.S. is the Director of the Postgraduate Program in Esthetic Dentistry and Assistant Professor in the Department of Prosthodontics at Tufts University School of Dental Medicine in downtown Boston. Dr. Chebib also sees patients at Tufts Dental Associates, the full-service faculty practice at Tufts Dental School. Tufts Dental Associates offers a full range of general and specialty dental services within one practice.

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Horoscope

♌ Leo | July 23-Aug. 22.
Good fortune will be yours. Make plans to socialize and explore new pastimes. Love and romance will flourish for you if you are attentive, upbeat and open to fun.

♍ Virgo | Aug. 23-Sept. 22.
Prepare to take advantage of an opportunity to increase your knowledge, skills and talents. You can learn a lot if you sign up for a course or event that interests you.

♎ Libra | Sept. 23-Oct. 22.
You should consider traveling or taking a brief vacation. An old friend will help bring back all sorts of pleasant memories. Mix the past with the present.

♏ Scorpio | Oct. 23-Nov. 21.
Your career objectives will take longer than you planned. As long as you are still moving forward, there is no need to worry. Set your sights on your destination and remain positive.

♐ Sagittarius | Nov. 22-Dec. 21. Don't let anyone entice you into overindulging. Look at the big picture and make positive choices. Emotions will be running high, so keep things in perspective.

♑ Capricorn | Dec. 22-Jan. 20.
Someone close to you could be going through a hard time. If you show consideration and kindness, it will be appreciated and reciprocated.

♒ Aquarius | Jan. 21-Feb. 18.
You are in a cycle thick with love and romance. Be on the lookout for a personal opportunity that is heading your way. Experimentation will pay off.

♓ Pisces | Feb. 19-March 20.
Keep a close watch on your cash and your possessions. A loved one may be especially demanding. Be diplomatic and try to offer a reasonable solution rather than financial help.

♈ Aries | March 21-April 20.
Someone from your past will remind you of your former goals. Take a close look at your current situation in order to find a way to incorporate the old with the new.

♉ Taurus | April 21-May 21.
You will be temperamental or argumentative today. You can best spend your time working on a solitary project. Distance will be required from someone who tends to irritate you.

♊ Gemini | May 22-June 20.
You are in for a thrilling time. Try something new that's outside your comfort zone. You will meet someone who enjoys excitement and adventure as much as you do.

♋ Cancer | June 21-July 22.
Money matters should be your prime concern. Stay away from joint ventures or risky investments. Overspending will be your downfall. BERNICE BEDE OSOL

Letters

Boycott Canada

Re: 'Into Toronto' (Metro, Aug. 5) Tourism is big in Canada, but so is seal hunting. Every year, thousands of seals are killed in Newfoundland and Labrador by people who hunt it for food and to make fur coats. I'm very disappointed that you're trying to promote Canadian tourism when they're killing those baby seals each March. There's so much in America that you can explore, especially here in New England. Until they stop killing the seals, I'm boycotting Canada's tourist sites. And I'm urging your readers to do the same.
RICHARD CLIFFORD, VIA EMAIL

Israel's defense shouldn't come by kids' blood

Re: 'Palestinians not so innocent' (Metro, Aug. 5) Israel isn't innocent either. Killing Hamas militants is protecting Israel. Targeting four little boys playing soccer on the beach and shelling U.N. schools housing innocent women and children are war crimes. Israel continues to hide behind the guise of self-defense while carrying out reprehensible attacks against the Palestinian civilian population. It's never OK for either side to target innocent civilians, and they should be held accountable when they do.
CARL HANSON, VIA EMAIL

The U.S. considers Hamas a terrorist organization and has never sent aid to Hamas that has been diverted. Israel's supporters are blaming Hamas for sending rockets to Israel, but they never ask an instrumental question: Why? Palestinians just need and want a country. Gaza, with Israel's blockade, is a big prison for more than 1 million human beings. All attempts by the international community to find a political resolution have been rejected by Israel because, without Hamas's so-called threat, Prime Minister Netanyahu will not win election in Israel.
JEAN KAZADI, VIA EMAIL

letters@metro.us
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

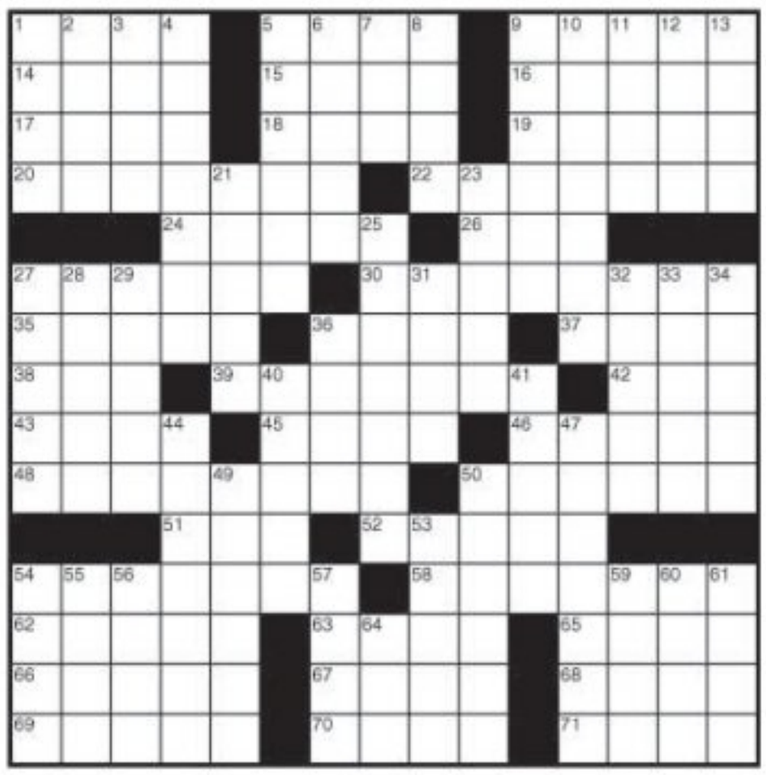
Sudoku: Easy and hard

	4				1	7		3
5	6					1		
	8	7		4		2		5
				9		6		
			1		2			
		5		6				
7		9		5		3	2	
		4					1	6
8		6	3				4	

4	8			1	3			
7	1				2	3		
2				5		1	6	
				6			5	9
3	9			4				
	4	1		2				6
		3	5				2	1
			1	3			9	8

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword



Across
1 Beside oneself
5 Sgt. Preston's group
9 Wild ducks
14 Dilly
15 Journalist — Ducommun
16 Kelp
17 Lithe
18 QB David –
19 Whereabouts
20 Long-tailed animal
22 Called balls
24 A Marx brother
26 Terse affirmative
27 Diplomats
30 Attitudes
35 Dijon dads
36 Aloe —
37 Isle of exile
38 Melodrama shout
39 Cleopatra's Needle
42 Watch chain
43 Gator kin
45 Sporty trucks
46 Acadia National Park locale
48 Joke teller
50 Big headline
51 Ferrer or Tillis
52 Night racket
54 Couches
58 Hot breakfast
62 Be of use
63 Pinball no-no
65 Ark. neighbor
66 Ben, of "Bonanza"
67 Trifling amount
68 At close quarters
69 Wrapped up
70 Attached
71 Ferber or Best

Down
1 As well as
2 Quaff
3 Jumble
4 Private eye
5 Happens again
6 Vise relative
7 Earth orbiter of yore
8 Onetime Inca Empire
9 Rapped softly
10 Oval
11 Microbiology gel
12 Intertwine
13 Parakeet treat
21 Right to decide (hyph.)
23 Chatty pets
25 Brunch fare
27 Memorable decade
28 First P.M. of India
29 Indy 500 sound
31 Rainbow goddess
32 Dainty, perhaps
33 Steakhouse order (hyph.)
34 — -toothed tiger
36 Cat scanners?
40 Physique
41 Target rival
44 Mix together
47 Windflower
49 Lurched
50 Went yachting
53 "48 Hrs." lead
54 Cartoon chipmunk
55 Home-products brand
56 Patio view
57 Bill, briefly
59 Made do with
60 Economist — Greenspan
61 Pasternak heroine
64 Sequel's sequel

Visit us online at **Metro.us.**

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Yesterday's answer

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2014 Fantasy football draft rankings | by Matt Burke

No. 1

Adrian Peterson

No, this isn't 2010. And yes, most mocks have LeSean McCoy or Jamaal Charles going No. 1. But until we see significant decline in Peterson's skills we're not passing him up. McCoy and Charles have never put up the all-time back-to-back great years Peterson does routinely.

No. 2

Jamaal Charles

Charles recently said he wants to be the next Barry Sanders. Who are we to argue with him after back-to-back 1,200-plus yard seasons.

No. 3

LeSean McCoy

McCoy thrived under Chip Kelly last year, rushing for a career-high 1,607 yards. Can he get back to double-digit touchdowns?

No. 4

Matt Forte

Those complaining about "old man Peterson" going No. 1 — don't realize that Forte is just eight months younger than the 29-year-old Peterson.

No. 5

Eddie Lacy

Peterson saw his yardage jump by 400 in his second season in the league. Lacy, now in his second year, is primed for more success.

No. 6

Calvin Johnson

Johnson is much like Peterson in that many fantasy players get bored with seeing these guys at the top. Don't fall into that trap.

No. 7

Arian Foster

Foster is a classic boom-or-bust pick here. Will he be rejuvenated by the presence of new coach Bill O'Brien or will we see more decline?

No. 8

Jimmy Graham

Is he a wide receiver or a tight end? You shouldn't have to go to court on draft day to find the ruling that Graham is still elite.

No. 9

Peyton Manning

The loss of Eric Decker will hurt the Denver offense ... some. Remember that Emmanuel Sanders is now a Manning target.

No. 10

Montee Ball

The running back is having his appendix taken out but will be good to go for Week 1. No more Knowshon Moreno in the way for Ball.

No. 11

Marshawn Lynch

Lynch has three straight 1,200-yard rushing seasons to his name. He's something of a sure bet, despite his hatred for OTAs.

No. 12

DeMaryius Thomas

Thomas had back-to-back 100-yard receiving days to close out the 2013 regular season, undoubtedly helping lucky owners win playoff games.

No. 13

Aaron Rodgers

Will Eddie Lacy's increased carry load hurt Rodgers' stats? Highly unlikely. Bank on another 4,000 yards and 35 touchdowns.

No. 14

Alfred Morris

Chip Kelly won't agree with this sentiment, but DeSean Jackson's presence on the outside could actually help open things up for Morris in the running game.

No. 15

Giovani Bernard

It's hard to believe in Bengals management given the recent Andy Dalton contract news. But they do seem determined to give Bernard more touches.

No. 16

DeMarco Murray

Dallas coaches are well aware of the stat that says when Murray touches the ball 20 or more times in a game that the Cowboys are 11-0.

No. 17

Zac Stacy

Stacy is a fine second back for your team. Not so much a first. The Rams don't seem sold on the plodding runner as their running back of the future.

No. 18

Le'Veon Bell

The Steelers desperately want to give quarterback Ben Roethlisberger some relief. That may come in the form of giving Bell the ball over and over again.

No. 19

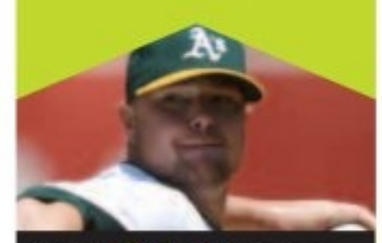
Julio Jones

Jones could very well be the steal of your draft. How quickly people forget that Jones rang up 1,198 yards of receiving and 10 touchdowns in 2012.

Quick picks

- No. 20 — A.J. Green, WR, Bengals
- No. 21 — Dez Bryant, WR, Cowboys
- No. 22 — Drew Brees, QB, Saints
- No. 23 — Doug Martin, RB, Buccaneers
- No. 24 — Brandon Marshall, WR, Bears
- No. 25 — Randall Cobb, WR, Packers
- No. 26 — Jordy Nelson, WR, Packers
- No. 27 — Michael Crabtree, WR, 49ers
- No. 28 — Ryan Matthews, RB, Chargers
- No. 29 — Antonio Brown, WR, Steelers
- No. 30 — Alshon Jeffrey, WR, Bears
- No. 31 — Bishop Sankey, RB, Titans
- No. 32 — Larry Fitzgerald, WR, Cardinals
- No. 33 — Julius Thomas, TE, Broncos
- No. 34 — Rob Gronkowski, TE, Patriots

3 SPORTS



Visit **Metro.us** to see why the A's landed No. 1 in our weekly MLB power rankings.

MLB

Bosch surrenders to DEA in baseball drug scandal

The U.S. government on Tuesday filed criminal charges against the owner of a defunct Florida anti-aging clinic at the center of a doping scandal involving MLB players, according to court records.

Anthony Bosch, 50, faces one count of conspiracy to distribute testosterone, a felony punishable by up to 10 years in prison.

Bosch was among a group of people accused of illegally providing steroids to some of baseball's biggest stars, including Yankees slugger Alex Rodriguez and Brewers outfielder Ryan Braun, who was the National League's MVP in 2011 but missed much of the 2013 season due to a suspension for violating baseball's drug policy.

Bosch's defunct Biogenesis clinic in Coral Gables also supplied performance-enhancing drugs to high school athletes, judges and coaches, authorities said.

Bosch is charged with distributing the drug between October 2008 and December 2012, according to court filings.

His former business partner, Carlos Javier Acevedo, was also charged with one count each of distributing testosterone and of distributing a stimulant between December 2009 and June 2013. REUTERS

Alex Rodriguez was suspended for the entire 2014 season due, in large part, to his ties to the Biogenesis scandal. / GETTY IMAGES

MLB. Victorino will not play again in 2014 after undergoing back surgery

Red Sox outfielder Shane Victorino will miss the remainder of the 2014 season as he was scheduled to have back surgery in Los Angeles on Tuesday.

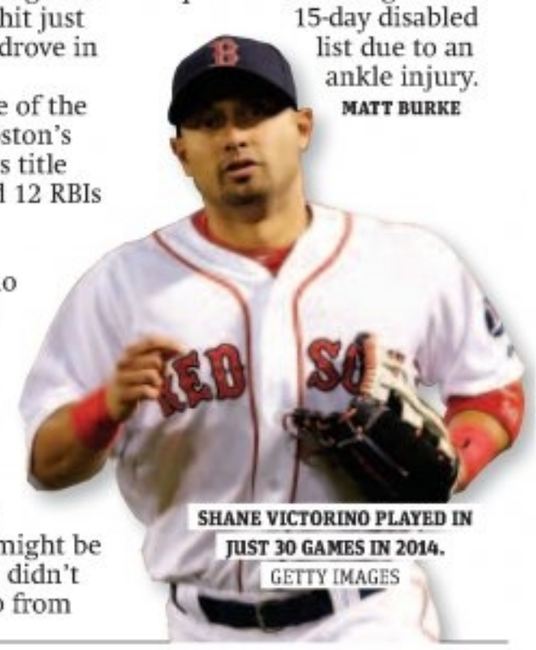
The 33-year-old played in just 30 games for the Red Sox this season, batting .268 with a .303 OBP. He hit just two home runs and drove in 12 runs.

Victorino was one of the primary forces in Boston's run to a World Series title last season as he had 12 RBIs in the postseason.

"I tried to play through it," Victorino told ESPN last week. "I tried to do the best I can, the training staff did the best they could to get me back out there, but things were showing [with the MRI] that there might be some things that we didn't want to see. We'll go from there."

Victorino has one year remaining on a three-year contract with the Red Sox.

Victorino wasn't the only Red Sox player in the news due to injury Tuesday as the team placed the newly acquired Allen Craig on the 15-day disabled list due to an ankle injury. MATT BURKE



SHANE VICTORINO PLAYED IN JUST 30 GAMES IN 2014. GETTY IMAGES

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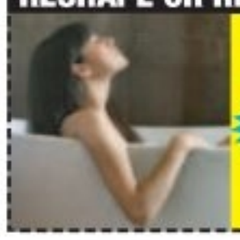
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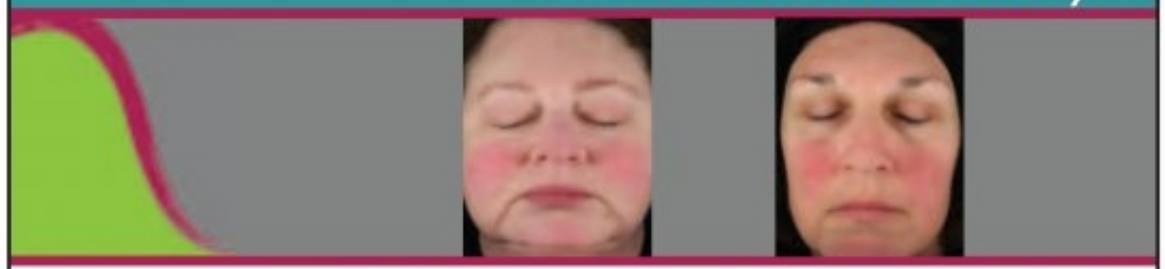

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PROJECT REVEAL 199201-004

To learn more about this study and to see if you qualify, call a study nurse at: Bay State Clinical Trials, Inc.
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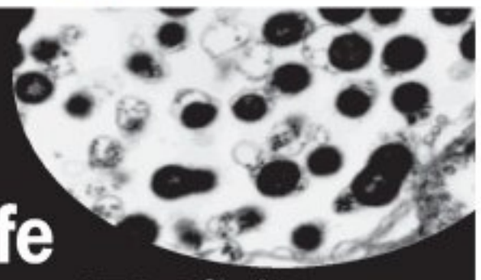

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